

Class 10_Chapter-1 పోషణ (Nutrition) Study links

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- [2. English medium Worksheets- ఇంగ్లీష్ మీడియం వర్క్ షీట్స్](#)
- [3. Telugu Medium videos - తెలుగు మీడియం వీడియోలు](#)
- [4. English Medium videos – ఇంగ్లీష్ మీడియం videos](#)
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Telugu medium Worksheets – తెలుగు మీడియం వర్క్ షీట్స్

PLMS VIDEOS	Chapter-1 Nutrition	పోషణ(మానవ జీర్ణ వ్యవస్థ)	https://pravinyalms.net/plms/mod/quiz/view.php?id=1924
		పోషణ(జీర్ణ గ్రంథులు,జీర్ణ ఎంజైమ్ లు)	https://pravinyalms.net/plms/mod/quiz/view.php?id=1925
		పోషణ(పోషకాహార లోపం)	https://pravinyalms.net/plms/mod/quiz/view.php?id=1926
		పోషణ(విటమిన్ లు)	https://pravinyalms.net/plms/mod/quiz/view.php?id=1927

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English medium Worksheets – ఇంగ్లీష్ మీడియం వర్క్ షీట్స్

PLMS VIDEOS	Chapter-1 Nutrition	NUTRITION (HUMAN DIGESTIVE SYSTEM)	https://pravinyalms.net/plms/mod/quiz/view.php?id=1916
		NUTRITION (DIGESTIVE GLANDS AND ENZYMES)	https://pravinyalms.net/plms/mod/quiz/view.php?id=1917
		NUTRITION (MALNUTRITION)	https://pravinyalms.net/plms/mod/quiz/view.php?id=1918
		NUTRITION (VITAMINS)	https://pravinyalms.net/plms/mod/quiz/view.php?id=1919

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Telugu Medium Videos – తెలుగు మీడియం వీడియోలు

PLMS VIDEOS	Chapter-1 Nutrition (పోషణ)	పోషణ-ఆహార-సరఫరా వ్యవస్థ)Nutrition -Food Supplying system)	https://pravinyalms.net/plms/mod/page/view.php?id=1436
		పోషణ-ఆహార-సరఫరా వ్యవస్థ)Nutrition in Human Beings)	https://pravinyalms.net/plms/mod/page/view.php?id=4758
		పోషణ-ఆహార-సరఫరావ్యవస్థ-పర పోషకాలలో పోషణ)Nutrition - food - supplying system)	https://pravinyalms.net/plms/mod/page/view.php?id=4749
		పోషణ - ఆహార సరఫరా వ్యవస్థ - పోషకాహార లోపం-వ్యాధులు)Nutrition-Food Supplying system - Diseases due to malnutrition)	https://pravinyalms.net/plms/mod/page/view.php?id=1437
		పోషణ - ఆహార సరఫరా వ్యవస్థ - కిరణజన్య సంయోగ క్రియ కారకాలు)Nutrition -Food Supplying system - Photosynthesis method - factors)	https://pravinyalms.net/plms/mod/page/view.php?id=1438

English Medium videos

PLMS VIDEOS	Chapter-1 Nutrition	Nutrition Part 1	https://pravinyalms.net/plms/mod/page/view.php?id=4747
		Nutrition Part 2	https://pravinyalms.net/plms/mod/page/view.php?id=4746
		Nutrition Part 3	https://pravinyalms.net/plms/mod/page/view.php?id=4748
		(Nutrition – Sun Light is necessary to form starch in green plants)	https://www.youtube.com/watch?v=joOPGmrXz7U
		Nutrition – Importance of light in Photosynthesis	https://amrita.olabs.edu.in/?sub=79&branch=16&sim=126&cnt=316

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Additional Quizzes

Quizzes	Chapter-1 Nutrition)Nutrition Human digestive system - Nutrition in Human Beings)	https://nroer.gov.in/55ab34ff81fccb4f1d806025/page/5b3c604316b51c01d82c4496
)Nutrition Human digestive system - Nutrition in Human Beings)	https://nroer.gov.in/55ab34ff81fccb4f1d806025/page/5b3c60e816b51c01d90a2ed0
)Nutrition-Food supply system - Photosynthesis)	https://nroer.gov.in/55ab34ff81fccb4f1d806025/page/5b3c72c116b51c01d90a3f4d
)Nutrition Human digestive system - Heterotrophic nutrition)	https://nroer.gov.in/55ab34ff81fccb4f1d806025/page/5b3c5e5d16b51c01d77e9a74
)Nutrition - Importance of Light in Photosynthesis)	https://amrita.olabs.edu.in/?sub=79&brch=16&sim=126&cnt=4
		పోషణ - ఆహార సరఫరా వ్యవస్థ)Nutrition - Food Supplying system)	https://pravinyalms.net/plms/mod/quiz/view.php?id=643